Instructions for Use:

STEP 1 - Measure lower leg length
• Shoes off
• Knees at 90 degrees
• Measure from FLOOR to KNEE CREASE

Note: For adjustable beds, sit on bed to compress the mattress

STEP 2 - Select equipment height
• Follow the colored horizontal line away from the arrow and around the Stick-to-Stand to the vertical line to find the optimal equipment height

Note: Equipment heights where the solid line joins the broken line will assist most people