Simple and practical sling-like device helps people with limited lower extremity strength to lift the leg and foot onto a wheelchair footrest, bed or into a car. The 35" (89 cm) long lifter has a loop at each end - one loop is placed around the foot and the hand grasps the other loop. The middle section in between the loops is rigid for easy maneuverability. Made of 1" (2.5 cm) wide high strength nylon webbing.